

Acting Lessons for LIVING

Play the Scenes of Your Life with Intention, Presence, and Pure Potential

By Ruthie Landis

DESCRIPTION

Imagine that your life is a hit play, one that you produce and direct, a show where you get to pick all the parts, from your leading role to the bit players. You get to choose the sets, the lighting, the costumes, and even who gets a front row seat, right up to the final curtain call.

In fact, you don't need to imagine it because your life is exactly that: a long-running adventure created for your life's stage by you!

Best selling author Ruthie Landis weaves her decades of experience in the theatre and as a psychotherapist, teacher and coach, with insightful personality concepts found in the Enneagram used by actors and successful "players" the world over, to guide you through your own hero's journey – your life's calling.

Whether you're in "pre-production" or wanting to make sure your final bow will invite a standing ovation, *Acting Lessons for Living* will engage you, change you, and support you in playing the scenes of your own life with crystal clear intention, full presence, and a finale that will knock your socks off.

Ready to take center stage? It's showtime!

KEY SELLING POINTS

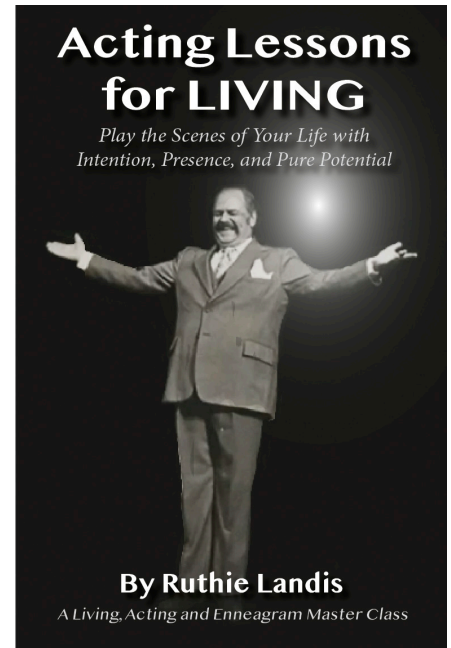
- Valuable to actors, students, therapists, coaches, teachers, youth leaders, couples and families.
- This book provides a fantastic opportunity for discussion and interaction, role playing and hands-on, interactive exercise.
- The author is well-known in the therapist AND acting communities, through her website, social media, clinical practice and video/theatre productions.

MARKETING

- The book is being featured at the Pulpwood Queens National Bookclub Convention.
- The author has expansive audiences throughout the midwest and through her therapist and teaching practice.
- The author will leverage her public speaking skills, and engage her business and entertainment networks for launch events/parties and book signings.
- The book will be offered to students, acting classes and community theatres.
- The author has engaged a team of social media and marketing pros to further grow her author platform (website, blog, LinkedIn, Facebook, Twitter) Promotions will include Goodreads giveaways, blog tours and advertising around each book event.

AUTHOR BIO

Award-winning workshop designer, body-centered psychotherapist and coach, writer, teacher, actress, and director, Ruthie Landis has been designing powerful and interactive group experiences for over thirty years. Among the many disciplines she practices, she is a master of the Enneagram, and uses its wisdom in nearly every aspect of her creative, professional, and personal life. She works in constant collaboration with Body, Mind, Heart, Nature, Intuition, and the Creative Force. Her intention is to endow the people of the world with a "backpack" for their life's journey. This "backpack" is plentiful, filled with a rainbow of resources to navigate and explore.



Publisher: Gatekeeper Press

Distributor: Ingram

PUB DATE: October 8, 2018

SOFT COVER: \$24.95, 978-1642378313

TRIM: 6 x 0.4 x 9 inches, pages 168

Non Fiction:

Personal Transformation, Self Help,

Acting and Auditions

Communication and Social Skills

AUDIENCE

- Actors and acting students
- Anyone who enjoys personal transformation/self improvement
- Fans of self-help books
- Members of book clubs
- Enneagram aficionados
- Coaches, therapists
- Youth leaders, couples and families

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